

GRADE 2

All previous terms from Grade 1 plus :-

FONDU	A bending of one knee
EN CROIX	In the shape of a cross
RETIRE	To draw up
BRAS	Arms
BAS	Down
CHANGEMENT	To change
TEMPS LEVE	To Hop
COUPE	To cut the weight of the body from one foot to the other
CHASSE	A sliding movement
EN AVANT	Forward
POSE'	A step
ENCHAINMENTS	The amalgamation of steps
GLISSADE exercise	A gliding movement - always end in a demi-plie. Preparatory