

## GRADE FIVE

All previous terms from Grades 1, 2, 3, & 4 Plus:-

PETITE BATTEMENT

SUR LE COU-DE-PIEDS                      Small beats on the ankle

SOUTENUS                                      To sustain

ADAGE    Slow controlled movement

SISSONE OUVERTE                              A spring from two feet to one foot, ending on fondu, with the working leg en l'air

GLISSE    Gliding

ECHAPPE BATTU FERMEE                      A beaten echappe commencing in 2nd and ending in 5th

A DUEX BRAS                                      With two arms

ENCLOCHE                                        A movement like a bell, the foot passes from 4th devant to 4th devant or derriere through 2nd

DEMI-GRANDS RONDS

DE JAMBE EN-LAIR                              A large circling movement of the leg from 4th devant or derriere through to 2nd

FOUETTE    A whipping movement

DEMI CONTRETEMPS                              Temps lève' and a chasse' passe

SISSONE ORDINAIRE                              A spring from two feet alighting on one foot

SISSONE FERMEE	A sissone finished in 5th position
SISSONE OUVERTE CHANGEE	A sissone ouverte with a change of feet before landing
PETITE ASSEMBLE	A small jump from one foot to two feet
BALLONNE'	A bouncing step
BALLONNE' COMPOSE'	A compound ballone' with the accent on the second extension
PETITE BATTERIE	Small beating steps (eg changement battu)
ECHAPPE BATTU OUVERTE	A beaten echappe commencing in 5th and ending in 2nd