

GRADE 1

Ball tap	Ball change (Ball to flat)
Forward tap	Step ball change
Backward tap	Shuffle hop step
Toe tap	Shuffle ball change
Heel tap	Stomp
Forward brush	Flap
Backward brush	Stroll
Ball beat	Tap step
Heel beat	Tap spring
Toe beat	Tap step ball change
Ball dig	Tap step heel beat
Heel dig	Tap heel ball beat
Step	Parallel arm line
Stamp	Jazz parallel arm line
Spring	Co-ordinated arm line
Hop	Jazz co-ordinated arm line
Jump	Rag time step
Shuffle	
Ball change (Ball to ball)	

A RAG TIME STEP & BREAK

Starting on the right leg – Shuffle(R), hop(L), step(R) (*put foot down*)

Tap spring (L), tap spring (R)

Shuffle (L), hop (R), step(L) (*put foot down*)

Tap spring (R), tap spring (L)

Shuffle(R), hop(L), step(R) (*put foot down*)

Tap spring (L), tap spring (R)

BREAK

Shuffle, hop, step (*put foot down*)

Ball change, stamp

If you type this link below into google you will be able to practice it at 3 different speeds:

<https://www.youtube.com/watch?v=RA4KVGqtZaw>