

INTERMEDIATE

Ball tap
Forward tap
Backward tap
Toe tap
Heel tap
Forward brush
Backward brush
Ball beat
Heel beat
Toe beat
Ball dig
Heel dig
Step
Stamp
Spring
Hop
Jump
Shuffle
Ball change (Ball to ball)
Ball change (Ball to flat)
Step ball change
Shuffle hop step
Shuffle ball change
Stomp
Flap
Stroll
Scuff
Drop
Tap step
Tap spring
Tap step ball change
Tap step heel beat
Tap heel ball beat
Pick up
Pick up step
Pick up hop step
Pick up hop spring step
Pick up change
Pick up hope shuffle step
Pick up spring shuffle step
Pick up step ball change - side to side
Pick up on one foot
Drop pick up
Shuffle springs
3, 4, 5, 6,7, & 8 Beat riff
3 & 4 beat ripple

Toe clip
Heel clip
Progressive tap
Maxiford with toe tap
Hot foot
Tap step stamp stamp pick up hop toe hop
Tap step heel pick up heel toe heel
3 beat wing preparation
3 & 4 Beat wing on two feet
3 & 4 beat wing on one foot
3 & 4 beat wing change
Divided 3 beat wings from 2 feet
Cramp roll
Step clip ball change
Shuffle step heel
Basic waltz step
Scuffle
Double shuffle pick up change
Cramp roll turning
Triple half breaks - straight or turning
Suzi Q

Accent = Emphasising one beat more than another
Syncopation = Irregular occurrence of an accented beat

Parallel arm line
Jazz parallel arm line
Co-ordinated arm line
Jazz co-ordinated arm line
Pressure wave

Rag time step
Single timestep - 2 or 6 & a break
Double timestep - 2 or 6 & a break
Triple timestep - 2 or 6 & break
Single Trad timestep - 2 or 6 & a break
Double Trad timestep - 2 or 6 & a break
Triple Trad timestep - 2 or 6 & a break
Single, double & Triple half breaks
Timesteps with alternative rhythms